

Camp Instructors

University of Alberta Golden Bears Football Staff will use their coaching experience to direct and plan skill development. Current and former Golden Bear players will also serve as coaches, joined by elite high school coaches from the Edmonton area.



Facilities

Camp attendees will improve individual and group play in University of Alberta's Foote Field, Main Gym and newly renovated Pavilion facilities.

Fundamentals

Golden Bears football camps will focus on the fundamentals listed below:

- Increasing individual understanding of football
- Teaching offensive and defensive fundamentals
- Instruction in proper weight & strength training techniques
- Introduced to proper video analysis of game play
- Developing a true appreciation of "teamwork"
- Enhancing individual abilities and self-confidence
- Making football FUN for all participants!!!



Past Camp Participants:
Neil Temrovatsky - University of Alberta/Calgary Stampede
Tyler Greenstade - University of Alberta
Gord Hinse - University of Alberta/Edmonton Eskimos
Kevin Arkko - University of Alberta

Printed By: Russ Brown - Bissett Resources

Activity Registration Zone Website:
www.activityreg.ualberta.ca

U of a Athletics Website:
www.bears.ualberta.ca

Official Golden Bears Football Website:
www.goldenbearsfootball.ca



UNIVERSITY OF ALBERTA GOLDEN BEARS & PANDAS

For information, please contact the Activity Registration Zone between the hours of 9:00 am – 5:00 pm Monday-Friday:

Phone: (780) 492-2231

Fax: (780) 492-7190

Mail/In-Person

Activity Registration Zone - Sales Office

Faculty of Physical Education and Recreation

W-79 Van Vliet Centre

University of Alberta, Edmonton Alberta T6G 2H9

UNIVERSITY OF ALBERTA



GOLDEN BEARS FOOTBALL CAMPS



BE A BEAR!!!

Camp Overview

The University of Alberta Golden Bears football camps are dedicated to Pee Wee, Bantam and High School football players that are looking to improve their individual skills and enhance their development. Each participant will be appropriately placed according to age and skill level. Sound fundamentals and FUN will be the main emphasis at the University of Alberta Golden Bears football camps.

Participants are required to bring their own equipment for all camps (shoulder pads & helmets)

(Team discounts available:call 780-492-2231)

Christmas Skill Development Camp

Ages: 10-18

Dates: Dec.27 - 28/2010 - Ages: 10 - 14 9am-4pm
Dec.29 - 30/2010 - Ages: 15 - 18 9am-4pm

Positions: QB, REC, RB, LB, DB

Cost: Ages - 10 -14: \$120.00

Cost: Ages - 15 -18: \$165.00

Where: Pavilion - University of Alberta

Offensive & Defensive Line Skill Development Camp

Ages: 10 - 18

Dates: Feb.19 - 20/2011 9am-4pm

Positions: Offensive & Defensive Line

Cost: \$165.00

Where: Pavilion - University of Alberta

Quarterback Skills Camp and Kickers

Ages: 10 - 18

Date: Apr.10/2011 9am-4pm

Cost: \$100.00

Where: Foote Field (weather depending) or Pavilion - University of Alberta



GOLDEN BEARS FOOTBALL CAMPS

Clinic Overview

The University of Alberta Golden Bears Football team will be holding 2 separate coaching clinics.

The Minor Football Coaches Clinic will focus on skills, drills and coaching techniques that are appropriate for community players 14 and under.

The Advanced Coaches Clinic will be a much more comprehensive clinic involving strategies, coaching techniques, drills and guest speakers. This clinic will be focused more on competitive football and is designed with the High School level and beyond in mind. Past speakers have included Greg Marshall (CFL Defensive Coordinator Hamilton Tigercats), Richie Hall (CFL Head Coach Edmonton Eskimos), Glen Constantine (CIS Head Coach Laval), Dan Dorazio (CFL Offensive Line/Special Teams BC Lions).

(Team discounts available:call 780-492-2231)

Minor Football Coaches Clinic

Date: Mar.19/2011 9am-4pm

Cost: \$50.00

Where: Pavilion - University of Alberta

Advanced Coaching Clinic

Dates: Apr.8-9/2011 Fri 6-10, Sat 9-4pm

Cost: \$100.00

Where: Foote Field

Position	Ages 10-14	Ages 15-18	Coaches
Quarterback/Kicker	16234	16229	
Running Back	16235	16230	
Receiver	16236	16231	
Linebacker	16237	16232	
Defensive Back	16238	16233	
O-Line Feb.19-20	16239	16242	
D-Line Feb 19-20	16241	16243	
QB Camp Apr.10	16244	16245	
Minor Football Clinic			16246
Advanced Clinic			16247

Name: _____

Parent-Guardian: _____

Address: _____

City: _____ Province _____

Postal Code: _____

Daytime Phone Number: _____

Email address: _____

Age: _____ Birthdate: _____ M/F _____

Alberta Health Care #: _____

Medical Conditions: _____

Current Team: _____

of years you have played football: _____

A confirmation letter and receipt will be mailed to you.

Method of Payment (please check) **Post dated cheques are not accepted**

Cheque/Money order - payable to: **University of Alberta**

Visa M/C

_____ Exp _____

Name on Card: _____

Signature: _____

Detach this form & return it to the Activity Registration Zone in person, by fax or by mail.

Incomplete registration forms will not be processed.

Registrations are not accepted by phone or On-Line

1. **Withdrawal Policy:** you may withdraw from a course prior to the start of the third class. No refund or credit will be issued after that time.

2. **Request for Refund:** a \$15.00 service fee will be assessed for all refunds. The refund will be for the remaining classes only.

3. **Request for Credit:** a credit can be requested up to the end of the second class of a program. The credit will be issued for the cost of the remaining classes.

4. **Medical Withdrawal:** assessed on a case by case basis.

5. **Transfers:** a \$5.00 transfer fee will apply when transferring from one program to another. When transferring to a program of greater value, you will be assessed the transfer fee plus the difference between the programs. This transfer fee does not apply if a course is cancelled.